

Making a Difference

This weekend, on Tuesday BBC Radio 1 hosted their Teen Awards. Each year they give our three Teen Hero awards. The first is the 'Teen Hero' award and goes to a truly remarkable young person who has been particularly selfless in their actions and an inspiration to others. The second award is the 'Teen Community Hero' and this award is given to an amazing individual and an inspiration to others who has made an outstanding contribution to the local community. The third and final award is the 'Teen Entrepreneur' award which is given to a young person who has created a successful, innovative or profitable product, business model or company.

All the young people who were nominated for these awards chose to give their time and effort to good causes in order to make a difference to the lives of others. Our communities are continually being made better by people who volunteer their time and effort to a cause that they care about. E.g. Mrs McArdle ran the Cumbrian run on Sunday October for the Children's Heart Unit at Freeman hospital. You are never too young to make a difference. Throughout the world there are thousands of teenagers who volunteer their time to a project, raise money or even set up their own projects to help others. What can your form do?

Discussion Ideas:

1. **Discuss your house charities**, what they are/you would like them to be and how you as a form can support them:

- Kilimanjaro – currently looking at having two Charities, one home and one in Tanzania.
- Amazon – likely to be the Jaguar with WWFN, also locally with The Friends of Rickerby park.
- Everest – ?
- Nile – Possibly Sudan.

2. **Radio 1 Teen Hero Awards**; watch the video clips about the winners and discuss how they supported their communities. How the young people in your form do something similar.

<http://www.bbc.co.uk/radio1/teenawards/2011/videos/#p00kz6lk>

3. **Katie's Crops**: a short video about a girl who has been growing her own food in a garden which she then donates to a soup garden.

http://www.youtube.com/watch?v=r7EsR2SrnZA&feature=player_embedded

4. **Facebook Stories**: A school stands by a boy and stops the cyber bullying that had started. A great story about how something small can make a real difference to a life.

<http://www.youtube.com/watch?v=rpOvYWd4KW4>